## Bio for Richard Page, DC

Dr. Richard Page is an expert in musculoskeletal health. He is dedicated to teaching people how to move safely so they can enjoy pain-free lives. A recognized injury-prevention and ergonomics trainer with over 20 years of experience, Dr. Page is a keen observer and listener who combines empathy, humor, and the best safety techniques to educate his clients and help them stay healthy and productive.

Dr. Page has worked with hundreds of teams across various industries to improve the organizational safety culture at both the leadership and employee levels. His goal: Reduce preventable injuries — and in the process, boost productivity and increase worker satisfaction. After participating in Dr. Page's training, many organizations see up to 87 percent reduction in workers' compensation claims and 67 percent reduction in work time lost.

Unlike video trainings and other generic, impersonal approaches to injury prevention, Dr. Page offers a hands-on, interactive approach tailored to each client's needs. Before providing his personalized training, Dr. Page takes the time to learn about the company, its culture, management, and personnel, and the practices and tasks that pose injury risks. Dr. Page believes achieving common understanding and goals with management is an important first step.

Dr. Page has been a chiropractic clinician in practice for 22 years serving the post-injury chronic pain patient community and acute injury labor community. He serves as a volunteer physician at the McMinnville Free Health Clinic, is a member of the Non-Cancer Chronic Pain Work Group and is a member of the Quality Clinical Advisory Panel for the Yamhill County Care Organization, and serves as the current President of the Yamhill County Cultural Coalition.